



Civic Engagement	Personal Growth	Academic Growth	Arts and culture	Sports and Outdoors
Participate in a fundraising event	Deliver a presentation to other students or adults	Read a book on your chosen subject	Join a school drama or music society/ club	Duke of Edinburgh's Award.
Do reading or maths buddies in school	Complete a leadership training	Watch a subject lecture, live or online	Try a new language on a platform like Duolingo	Take part in daily/ weekly step challenge
Mentor, coach or support another student or young person	Read a book by an inspirational person	Attend a subject webinar or masterclass	Read news and feature articles online about what is happening in the world	Attending live sporting events and analysing performance.
Volunteer at a local charity	Try a new sport or serve as captain in one you already do	Read a journal article or research paper	Read a novel from another culture	Officiate or referee a sport for younger students
Tutor younger students	Participate in a formal debate	Complete a MOOC	Listen to new music	Helping maintain your home garden or outdoor spaces.
Take part in a school or community clean up	Join the student committee or council	Engage in independent research	Do some art or craft activities in your spare time	Take part in a sporting challenge for charity
Help elderly neighbours	Learn a new skill, e.g. coding	Complete an Online course	Design and build something	Sports volunteering at community events.
Campaign for a social issue	Take a first aid course	Watch a documentary	Read a genre you would not normally try	Grow some plants, herbs or vegetables in your garden
Take part in a march or parade in the community	Manage a personal project of your choice	Join or follow an academic society	Try a new musical instrument	Take part in any individual or team sport
Organise a donation or charity drive	Participate in the Duke of Edinburgh award	Participate in an academic or essay competition	Take part in a cultural celebration	Litter picking at school or local area
Help out in lower school lessons	Join a school club or society	Listen to a podcast on your subject	Watch a foreign language film	Do some nature photography
Contribute to changing and improving the sixth form environment	Join a new club or activity out of school	Read a non-fiction book on a subject you are unfamiliar with	Read a novel about a perspective different to yours	Set yourself a physical challenge you have not done before
Organise a school or community event	Research your family history	Write an article or paper on a subject that interests you	Submit writing to a magazine or online website.	Any kind of coaching of younger people
Raise awareness of an issue	Read a self development book	Take the EPQ course	Enter a creative competition	Try a new sport or physical activity
A random act of kindness	A random act of kindness	A random act of kindness	A random act of kindness	A random act of kindness
Other Community and social impact activity	Other personal growth activity	Any other Academic growth activity	Any other creative or cultural activity.	Any other creative or cultural activity.

Try	Commit	Lead
When you try out a new activity once	When you stick with doing an activity- 10+ times	When you lead an activity, e.g. take charge, plan, organise and deliver or lead other people.

	Bronze award	Silver Award	Gold award
Try	8 new activities, including at least one from each section	8 new activities, including at least one from each section	8 new activities, including at least one from each section
Commit		Commit to three (10+ times)	Commit to three (10+ times)
Lead			Lead one



New Stellar summary

- **Five key areas:** Civic Engagement, Personal Growth, Academic Growth, Arts and culture, Sports and Outdoors. Above are examples of activities students could do for each.
- **These integrate with the 5 examples in the Enrichment framework**
- Examples given above of types of activity students can do, but these are not exhaustive; students can come to their tutor with an activity they have done and tutor can decide to count it, and what it counts as.
- Students have achieved “Try” for one go at an activity. They achieve “commit” for trying it 10 times (this includes 10 weeks of reading a book for instance)
- They achieve Lead for one instance of leading an activity (where an activity can be led).
- Scope for tutors to decide on this, but some agreement needed on scale- helping out in guides, leading a group of young people on a hike is yes, leading a small group in one game- no.
- Key is that there are plenty of activities students can do in school with their “stellar” hour, which must be on timetables
- Bronze- try 8 activities including one from each section
- Silver- same as bronze, but must achieve commit on three
- Gold- same as silver +lead one
- Recording- the four broad areas will be on classcharts for tutors, and listed for example “Personal Growth: Try”, Personal Growth: Commit”, Personal Growth: Lead”- therefore 12 possible buttons.
- The Specifics of what individual activities students have done will remain in booklets or a one note- possibly looking like this:

	Civic Engagement	Personal Growth	Academic Growth	Art and culture.	Sports and outdoors	Achieved: Commit	Achieved: Lead
Week 1	Planned a fundraiser	Read an article about dealing with anxiety		Reading a translated novel			
Week 2	Planned a fundraiser		Started a MOOC	Reading a translated novel			
Week 3	Led a fundraiser		Working on the MOOC	Finished a translated novel			Community and social impact



Week 4							
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