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AUTUMN WEEK 2

MONDAY

Sweet and Sour Chicken Balls on steamed white rice topped with sweet and sour sauce. (H)



Sweet and Sour Stir-fry on steamed white rice. (V)



+ Lemon Drizzle cake



TUESDAY

Chilli Maple Pulled Pork with sweet potato fries & coleslaw.



Spicy mixed bean salad with sweet potato fries & coleslaw.



+ Chocolate Brownies



WEDNESDAY

Chicken Jalfrezi served with steamed rice and a naan bread.



Vegetable Jalfrezi served with steamed rice and a naan bread. (V)



+ Blueberry Cake with coconut cream.



THURSDAY

Beef Meatballs in a rich tomato and basil sauce served with pasta and garlic bread. (H)



Vegetables in a rich basilico sauce served with pasta and garlic bread. (V)



+ Butterscotch Tart



FRIDAY

Cod Goujons served with chips and either beans or mushy peas (H)



Quorn Breaded Fillet served with chips and either beans or mushy peas (V)



+ Strawberry Angel Delight.

