

Autumn week 2

W/C 9 Sep, 30 Sep, 21 Oct, 11 Nov, 2 Dec



Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal Choice	Main Meal Choice	Main Meal Choice	Main Meal Choice	Main Meal Choice
Lamb Kofta kebab served in a pitta with spicy wedge potatoes & veggie salad	Mince beef lasagne served with garlic bread	Chicken korma served with savoury rice and naan bread	Korean style chicken served with steamed basmati rice	Battered cod served with oven chips, baked beans or mushy peas
Vegetarian Option	Vegetarian Option	Vegetarian Option	Vegetarian Option	Vegetarian Option
Pitta bread filled with roasted vegetables served with spicy wedges and veggie salad	Lentil based veggie lasagne, served with garlic bread	Vegetable curry served with savoury rice and naan bread	Vegan nuggets with Korean sauce and rice	Vegetable lattice slice served with chips and baked beans or mushy peas
Crispie rocky road	Chocolate Cherry cake	Carrot cake topped with a cream cheese frosting	Cornflake tart	Chocolate pot topped with a Flake
Daily Specials				
Jacket potatoes with various fillings, choice of panini, pizza or a daily special				
Chiller Bar				
A selection of freshly made pasta pots, sandwiches, baguettes, bagels, fresh fruit and yoghurts				
Pasta King				
Pasta spirals with a choice of sauces				
Allergens Symbols Key:				
Gluten	Fish	Milk	Sulphur Dioxide	
Nuts	Mustard	Peanuts	Crustaceans (crab, prawn)	
Lupin	Egg	Sesame	Molluscs (mussels, squid etc)	
Celery and Celeriac		Soy Beans and Soya		

