

WEEK 3



Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal Choice				
Gammon steak with pineapple, vegetables and potatoes	Meatballs in a herb and mushroom sauce, with mashed potatoes and vegetables	Tandoori chicken with savoury rice and raita	All day breakfast	Battered fish with chips and mushy peas or baked beans
Vegetarian Option				
French bread pizza with vegetables and potatoes	Veggie pasta bake with garlic bread	Tandoori vegetables with savoury rice and raita	Veggie all day breakfast	Veggie burger topped with mozzarella and tomato chutney with chips and mushy peas or baked beans
Apricot and sultana bread and butter pudding served with custard	Oaty treacle tart served with cream	Chocolate pudding and chocolate sauce	Cookie sandwich	Lemon and orange cupcakes
Daily Specials				
Jacket potatoes with various toppings A choice of panini A choice of pizza or daily special. Served with a mixed salad				
Chiller Bar				
A selection of freshly made sandwiches, baguettes and bagels, pasta pots, and fresh fruit and yoghurts				
Pasta King				
Pasta spirals with a choice of sauces				

Allergen Symbols Key:

Gluten	Fish	Milk	Sulphur Dioxide	Celery & Mustard
Nuts	Mustard	Peanuts	Crustaceans (Crab, Prawn)	Soy Beans & Soya
Lupin	Egg	Sesame	Molluscs	