

4 January 2021

## NHS Test and Trace: COVID-19 testing for students

Dear Parent

We are working to keep our school as safe as possible. You may have heard that testing for those without coronavirus symptoms is beginning across the country using new, quicker COVID-19 tests known as 'lateral flow tests'.

Along with the other protective measures we are taking, these tests will help staff and students to remain in school safely. Up to one third of people who have coronavirus experience no symptoms. By testing we will help to stop the virus spread and help to keep our school open as safely as possible. The test is voluntary, but I would encourage everyone to take it.

We will be testing all staff and secondary school age students who want to participate from week commencing 4 January 2021. An instructional leaflet with some more information is available from here [How to do your test: COVID 19 instruction leaflet for schools \(publishing.service.gov.uk\)](https://www.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/90112/how-to-do-your-test-covid-19-instruction-leaflet-for-schools.pdf).

### Consent for Testing

If you are happy for your child to be tested, please fill in the form by following the link here (one form needs to be completed per student). Students over the age of 16 are permitted to complete this form themselves should you wish them to do so.

<https://forms.office.com/Pages/ResponsePage.aspx?id=svRAecJqukWVZVvTgdjPcKUJFqgj28xCi9aX7ff3kepUOU43TTq4UE4yVIBWWEI0ThKQUIRNzhTQi4u>

Those taking the test will be supervised by trained staff. The 'lateral flow' tests are quick and easy using a swab of your **nose and throat**. For under 18s, staff can oversee the swab process but the student will take their own test.

Any positive results (which take around half an hour from testing) will be shared directly with students and parents.

The government are confident that these tests work - in validation studies conducted by Oxford University and Public Health England, they were shown to be as accurate in identifying a case as a PCR test (99.68% specificity). The tests have lower sensitivity but they are better at picking up cases when a person has higher viral load, hence the need to test frequently.

### What if a student tests positive?

Participating students who test positive will be informed about their results individually. Where participants are under 16, parents or legal guardians will also be notified. Guidance on safe travel and additional precautions will be provided along with test results.

Students will need to take a further 'PCR test' (similar to those done in local and regional testing sites) on the same day (or as soon as possible). We may be able to provide these PCR test kits to perform at home or you can go to [www.gov.uk/get-coronavirus-test](https://www.gov.uk/get-coronavirus-test) or call 119 to book a follow-up test if we are not able to provide one. If ordering a PCR test yourselves, they should choose to visit a drive-through test site if possible, as it is faster than requesting a home test.

During this time while they wait for the PCR result (via text / email) they will need to self-isolate.

If the PCR test returns a positive result you will have to self-isolate and follow the guidance from NHS Test and Trace.

### **What happens if the test is negative?**

They will be able to stay in school and resume their activities as normal as long as school is open to them. A student will only be told if they test positive on a 'lateral flow' test, so if you do not hear you can assume it was negative. A small number of students may need to repeat the test if the first test was invalid or void for some reason.

### **What if a close contact at school tests positive?**

A close contact of someone in school who has tested positive for COVID-19 will be able to return to school if they agree to be tested once a day for 7 days and the test is negative. This is assuming that the school is open to them as normal. If they do not want to take the test, they will need to self-isolate as per the national guidelines. This does not apply to household members or close contacts outside of school who will still need to self-isolate. Further details will be provided at the time, but if you would prefer to self-isolate instead of doing daily testing, you can.

### **What if my child develops symptoms?**

This testing programme at school is for people with no symptoms. If your child develops symptoms at any time (such as a high temperature; a new, continuous cough; or a loss or change to their sense of smell or taste) they must immediately self-isolate, and book a test by calling 119 (England, Wales and Northern Ireland) or 0300 303 2713 (Scotland) or visiting <https://www.gov.uk/get-coronavirus-test>.

Yours sincerely

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