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<b>Main Meal Choice</b>				
<p><b>Sweet Chilli Chicken</b> served with oriental vegetables and wholegrain rice</p> <p>  </p>	<p><b>Beef Lasagne</b> served with garlic bread and mixed salad</p> <p> </p>	<p><b>Roast Beef and Yorkshire Pudding</b> served with roast and mashed potatoes, seasonal vegetables and gravy</p> <p>  </p>	<p><b>Chicken and Vegetable Pie</b> served with baby new potatoes, vegetables and gravy</p> <p> </p>	<p><b>Cod in Batter</b> served with chips, mushy peas or baked beans</p> <p>   </p>
<b>Vegetarian Option</b>				
<p><b>Quorn and Vegetable Chow Mein</b> served with wholegrain rice</p> <p>  </p>	<p><b>Mediterranean Vegetable Lasagne</b> served with garlic bread and mixed salad</p> <p> </p>	<p><b>Lentil and Vegetable Loaf</b> served with sage and onion stuffing, roast and mashed potatoes, seasonal vegetables and gravy</p> <p>   </p>	<p><b>Cheese and Tomato Quiche</b> served with coleslaw and baby new potatoes</p> <p>  </p>	<p><b>Lentil and Chickpea Curry</b> served with basmati rice or chips</p> <p>  </p>
<p><b>Meringue Nest</b> filled with whipped cream and strawberries, or yoghurt, fruit salad, jelly or biscuit</p> <p> </p>	<p><b>Cornflake Tart</b> served with custard, or yoghurt, fruit salad, jelly or biscuit</p> <p>  </p>	<p><b>Banana and Sultana Cake</b> with a fudge buttercream icing, or yoghurt, fruit salad, jelly or biscuit</p> <p>  </p>	<p><b>Eve's Pudding</b> apples and plums under a vanilla sponge served with whipped cream, or yoghurt, fruit salad, jelly or biscuit</p> <p>  </p>	<p><b>Raspberry and Apple Muffin</b> or yoghurt, fruit salad, jelly or biscuit</p> <p>  </p>
<b>Curry of the day</b>				
Served with basmati rice and Naan bread See menu board for allergens				
<b>Daily Specials</b>				
Jacket potatoes with various toppings A choice of pizza or daily special. Served with a mixed salad See menu board for specials				
<b>Chiller Bar</b>				
A selection of freshly made sandwiches, plated salads, baguettes and bagels, salad and pasta pots, fresh fruit and yoghurts				
<b>Pasta King</b>				
Pasta spirals with a choice of sauces				
<b>Allergen Symbols Key:</b>				
 Gluten	 Fish	 Milk	 Sulphur Dioxide	 Celery & Mustard
 Nuts	 Egg	 Peanuts	 Crustaceans (Crab, Prawn)	 Soy Beans & Soya
 Lupin	 Mustard	 Sesame	 Molluscs	