

# WEEK 1



Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal Choice</b>				
<p><b>All Day Breakfast</b> Cumberland sausage, bacon, hash brown, free range egg, tomato and baked beans</p> <p>    </p>	<p><b>Spaghetti Bolognese</b> served with mixed salad and garlic bread</p> <p> </p>	<p><b>Roast Turkey Breast</b> served with sage and onion stuffing, roast potatoes, mashed potatoes, seasonal vegetables and gravy</p> <p> </p>	<p><b>Chicken Enchiladas</b> topped with tomato sauce and melted cheese, served with mixed salad and potato wedges</p> <p> </p>	<p><b>Cod in Batter</b> served with chips, mushy peas or baked beans</p> <p>   </p>
<b>Vegetarian Option</b>				
<p><b>All Day Breakfast</b> vegetarian sausage, hash brown, free range egg, tomato and baked beans</p> <p>   </p>	<p><b>Pasta Neopolitan</b> Fusilli pasta in tomato sauce with mushrooms and courgettes. Topped with melted mozzarella cheese</p> <p>  </p>	<p><b>Quorn Roast</b> served with sage and onion stuffing, roast potatoes, mashed potatoes, seasonal vegetables and gravy</p> <p>  </p>	<p><b>Roasted Pepper Enchiladas</b> topped with tomato sauce and melted cheese, served with mixed salad and potato wedges</p> <p> </p>	<p><b>Margarita Pizza</b> served with chips, mushy peas or baked beans</p> <p> </p>
<p><b>Saucy Lemon Sponge</b> served with whipped cream, or yoghurt, fruit salad, jelly or biscuit</p> <p>  </p>	<p><b>Apple and Apricot Slice</b> served with custard, or yoghurt, fruit salad, jelly or biscuit</p> <p> </p>	<p><b>Chocolate and Orange Cheesecake</b>, or yoghurt, fruit salad, jelly or biscuit</p> <p> </p>	<p><b>Butterscotch Mousse</b> served with homemade apple flapjack, or yoghurt, fruit salad, jelly or biscuit</p> <p> </p>	<p><b>Coconut Tart</b> served with cream, or yoghurt, fruit salad, jelly or biscuit</p> <p>  </p>
<b>Curry of the day</b>				
Served with basmati rice and Naan bread See menu board for allergens				
<b>Daily Specials</b>				
Jacket potatoes with various toppings A choice of pizza or daily special. Served with a mixed salad See menu board for specials				
<b>Chiller Bar</b>				
A selection of freshly made sandwiches, plated salads, baguettes and bagels, salad and pasta pots, fresh fruit and yoghurts				
<b>Pasta King</b>				
Pasta spirals with a choice of sauces				
<b>Allergen Symbols Key:</b>				
 Gluten	 Fish	 Milk	 Sulphur Dioxide	 Celery &
 Nuts	 Egg	 Peanuts	 Crustaceans (Crab, Prawn)	 Soy Beans & Soya
 Lupin	 Mustard	 Sesame	 Molluscs	