



October 2018

Breakfast Offer

Dear Parent

We hope that you will agree that in spite of the challenges brought about by the rising numbers on school roll, the Dining Room offer has continued to provide excellent food at very competitive prices. It is important to us that we continue to offer healthy, nutritious meals to support the needs of our students to be ready for the challenges of the classroom right from the start of the day at 8.45am through to normal end of school at 3.05pm.

Twice a year we make changes to our Dining Room Menu to reflect the changing seasons and the dietary needs of our students associated with this. We have carried out a review of our current offering which we know to be popular with our students and this has highlighted an opportunity to invest in the breakfast offer, which up until now has typically been of a lower priority.

As you will probably be aware, there is a lot of evidence that supports the often heard saying that 'breakfast is the most important meal of the day'. This is particularly true in schools where a young brain requires the right nutrition to be able to function at the level required to thrive and achieve in learning.

On the basis of this evidence we will therefore be selling a Dining Room breakfast offer built around a 'Breakfast Meal Deal' which will consist of the following:-

- Bowl of cereal with milk
- Toast, butter and jam
- Cup of either Apple or Orange Juice

The above will be available for the very competitive price of £1.20. Cereal and toast may be purchased as individual items and will be priced separately should any student not wish to avail themselves of the full 'Breakfast Meal Deal'.

As part of this review we have decided to remove a couple of the less healthy options from the breakfast menu in favour of this more nutritious offering.

The Dining Room is **open every day from 8.00am until the 8.40am** first bell. Free School Meal allowances will continue to be added to our till system **after break-time each day** (and therefore not for this service).

We thank you for the continued support through your children to our fantastic Dining Room and the food that we serve. This new look menu will take effect from Monday 5 November 2018 immediately after Half Term.

Yours sincerely

Phil Lovett
Operations Manager

