

The Carlton Academy

**Post 18 Guidance
Activity Booklet:
Your Post 18 Options**

For students completing Y13 in 2022



NAME:

FORM TUTOR:

Should I go to University?



YES PLEASE, BRING IT ON!	NO WAY JOSÉ!

	Not important	Not very important	No preference	Quite important	Very important
Location					
Interesting course content					
Academic reputation					
Employment rates					
Facilities					
Opportunity to study abroad					
Opportunity to do work experience					
Accommodation					
Availability of financial support					
Clubs and societies on offer					
Availability of part time work					

Key Questions to think about

The course:

This is the most important part of your research!

Do you have a career in mind? Is there a subject that you want to discover in more detail? Did you want to study more than one subject (joint honours)? Did you want to do a 3 year degree (BA or BSc) or a degree with an integrated Masters (4 years)?

Do you want to do part of your degree abroad? Do you want to complete a year in industry?

What are your fears/concerns about going to university?

Location:



Where do you want to study? Do you want to stay at home or move away? If you move away how far do you want to move away from Nottingham? Think about transport links from Nottingham.

Entry requirements:

What grades are you predicted in each subject?

Subject 1:

Subject 2:

Subject 3:

Subject 4:

EPQ:

GCSE grades for English Language and Maths:

Other GCSE grades:

When you are doing your research, it is important you are aspirational but that you are also realistic. Speak to your teachers as they are the ones that give Ms Armitage your predictions for UCAS! Sometimes universities ask for UCAS points rather than A level grade. Also remember that some courses also have certain GCSE requirements.

A level		BTEC		CACHE	
		BTEC L3 Extended Certificate		NCFE CACHE Technical Level 3 Certificate	
Grade	UCAS Points	Grade	UCAS Points	Grade	UCAS Points
A*	56	Distinction*	56	A*	84
A	48	Distinction	48	A	72
B	40			B	60
C	32	Merit	32	C	48
D	24			D	36
E	16	Pass	16		

Should I apply for a Higher/Degree apprenticeship?

What sector do you want to do a higher/degree apprenticeship in? e.g. Business, engineering etc.

What skills do you have that meets the needs of this career/sector?

What are the advantages and disadvantages of going down this route?

What experience have you got to make yourself stand out in your application to a degree/higher apprenticeship?

Should I go straight into employment?

There a number of advantages and disadvantages to doing this. Note them down below:

Advantages	Disadvantages

What field of employment are you interested in?

What experience have you got to make yourself stand out in your application to employment?

Taking a gap year

What are the different ways that you could spend a gap year? What would you be interested in doing?

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What are the advantages and disadvantages of taking a gap year?

Advantages	Disadvantages

Researching your options: University

Start with UCAS and Unifrog to research your options for university

Researching the course: What modules do you study? What is the assessment structure? How many hours will you be in University each week? What is the student satisfaction and progression rates post degree? Are you able to do part of your degree abroad or complete a year in industry?

Researching the university: Can you attend an open day (in person or virtually). Is it a City, Coast or Campus University? Where is the accommodation? What is the student satisfaction rate for the University?

Researching your options: Apprenticeships/Employment

Start with UCAS, Unifrog, gov apprenticeships and rate my apprenticeship to research your apprenticeship options

Researching apprenticeships/employment options: What field do you wish to do an apprenticeship in? What opportunities are available in that chosen field? Does it need to be based in Nottingham or can you travel? What GCSE and A level grades do you need?

Making yourself stand out

Why should an admissions tutor or employer choose you? You need to demonstrate the following in your application:

- Skills
- Experience
- Motivation
- Ability
- Determination
- Resilience
- Independence

Ways you can make yourself 'stand out'

- Complete virtual work experience
- Accessing talks about your subject/area of interest
- Complete a MOOC
- Part-time employment
- Roles of responsibility in school
- Extra-curricular activities

How are you going to make yourself 'stand out from the crowd'? Note down your ideas below. You may have done some of these activities already. If so, note them down below.

Work experience

By **Wednesday 21 July** you need to have signed up for at least one virtual work experience opportunity. Use the following websites to help you:

<https://www.speakersforschools.org/>

<https://young-professionals.uk/>

<https://uptree.co/events/>

[Take control of your future | Meet Springpod](#)

[Pathway CTM | Careers Training & Mentoring](#)

[NHS Healthcare Careers Virtual Work Experience – Allied Healthcare Mentor](#)

alliedhealthmentor.org

Notes